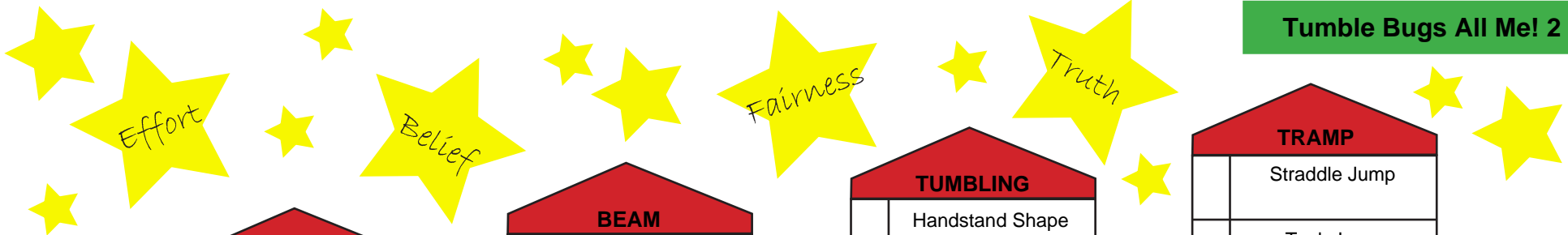


★ Star Achievement Program ★

Tumble Bugs All Me! 2



BARS	
Shimmy Across Bar	
Mini Tramp to Front Support	
Chin Up With Assist	
Tuck & Hold Beanie	
Swing in hangs w/ spot	
Leg-ups Kick Balloon	
L/Put bean bag on mat	
Swing, Drop In Hoop	
F. Support, F Roll D.M.	
Hang Over Grip	
Hangs (Tuck & Pike)	
Climb Ladder to L Bar	

**Tumble Bugs
All Me! 1**

BEAM	
Straight Jump Dismount	
Releve Hold	
Bear Walks (can be floor beam)	
Sideways Walks	
Dip Walks	
Lunge Pose	
Straight Jump	
Knee Scale	
Walk w/ Hoop Overhead	
Kick Walks	
Forward Walk on Low Beam 12 from ground	
Forward Walks on Floor Beam	

TUMBLING	
Handstand Shape Using a Mat (hide ears, straight arms) Tuck Jumps	
Lunge Shape, push a mat, lunge shape	
Blast Off Jump (roll back to piked cs, Safe Landing Position)	
cartwheel motion over a mat	
Forward Roll, floor	
F. Roll Down Incline	
Broken Leg Bunny Hop (handstand prep)	
Log Roll	
Animal Walks	
Gymnastics Shapes/ Positions	

TRAMP	
Straddle Jump	
Tuck Jump	
Straight Jump	
Sideways Jumps L	
Sideways Jumps R	
Straight Jump	
Jumps In Control	
Takes Turns	
Exits trampoline at the end	
Jumps in the correct direction ONLY	
Jump Up, Jump Down	
Small Bounces	